



Dentistry IN SOUTH DAKOTA

Allied Staff News

Dental Professionals Use Hesy-Re to Find Employment

Hesy-Re.com is a marketplace for dentists and dental professionals to post and apply for jobs, buy and sell practices, and buy and sell used dental equipment.

Looking to hire dental professionals? As an employer, you can easily post job opportunities and view job seeker profiles that match your specific criteria. Add your listing to our robust job board and take advantage of all the features Hesy-Re.com has to offer! Promote your post or search using expanded filtering options, and set up digest emails based on the criteria YOU are looking for in potential candidates. Job seekers have the option to reply directly back to you – right from your listing!

Seeking employment? You can post your profile (anonymously!) and let hiring organizations find you! Hesy-Re.com offers detailed filtering options, expanded features for posting ads, and the ability to create your own digest email, which you can choose to receive daily or weekly based on your personalized search criteria.

Visit Hesy-Re.com today!



Dentists Have More Say in Insurance Agreements Thanks to New South Dakota Law

South Dakota dentists will have more freedom to choose which dental insurance networks they participate in thanks to recently adopted legislation. The South Dakota Dental Association (SDDA) successfully navigated “network leasing” legislation through the South Dakota Legislature. The legislation allows dentists to ensure that any dental insurance agreement he or she enters into will not automatically make that dentist part of other dental insurance networks.

The SDDA introduced the legislation because of the growing frustration members are having when they sign an agreement with one preferred provider network, only to find that they are now part of an entirely different PPO. This practice is called “network leasing” and allows a dental benefits agreement signed by a dentist to be sold, leased or otherwise transferred to a different dental benefit plan, dental insurer or third-party administrator. Vague language in dental insurance agreements leaves dentists unaware that by signing up for one network they automatically become part of several other insurance networks in which they never actually enrolled. Most of the time these insurance networks pay a very steeply discounted fee.

The legislation will ensure that future insurance agreements will identify all the networks associated with the agreement and allow the dentist to void participation in one or more of those added networks. Delta Dental agreements are not affected by the legislation as they have a single national network of providers and do not lease their network to other companies.

The bill’s prime sponsors are Representative Paul Miskimins of Mitchell and Senator Casey Crabtree of Madison. Representative Miskimins is a retired dentist. “I am proud to have been able to carry this bill on behalf of the dental profession in South Dakota,” said Miskimins regarding his work in shepherding the bill through the legislative process.

Members are advised to closely review any future insurance agreements for “network” language and to be sure they opt out of any added networks they do not wish to be part of. Agreements currently in force are not affected by this legislation.



House Bill 1073 is signed into law. Pictured from left to right: Paul Knecht, SDDA Executive Director; Representative Paul Miskimins; Governor Kristi Noem; and, Brett Koenecke, SDDA legal counsel. Not pictured: Senator Casey Crabtree.



Everyone's Invited!

2021 SDDA Social ~ Thursday, May 13, starting at 5:00 pm

Come enjoy dinner and entertainment. The SD Dental Foundation will once again be conducting their Chinese and Best for Last Raffles. Lots of fun prizes to be had!

Entertainment will be provided by *SongBlast Dueling Guitars*. What's better than two dueling pianos? The answer: Two dueling guitars! Pat Balder and Glen Everhart deliver a fast-paced, audience-interactive experience with a non-stop stream of great sing-along songs and big comedy.

You can register for the Social at the same time you're registering for Annual Session courses.

2021 Annual Session Virtual Courses

Three courses during Annual Session will be offered virtually for those who can't attend in-person in Sioux Falls. The three courses include:

Thursday, May 13, 9:30 to 11:30 am (cst): Ms. Kim Laudenslager presenting, *"Infection Prevention Update"*. 2 hours clinical CE.

Friday, May 14, 8:00 am to 12:00 pm (cst): Dr. Michael Glick presenting, *"Treatment of the Medically Complex Dental Patient"*. 4 hours academic/clinical CE.

Friday, May 14, 1:00 to 4:00 pm (cst): Dr. Michael Glick presenting, *"The Oral-Systemic Health Connection"*. 3 hours academic/clinical CE.

You must register for these courses in order to get the link to join. Registration forms are included in this newsletter, as well as online at www.sddental.org.

Save on Credit Card Processing Fees

Take a few minutes to compare the processing fees of your current credit card processor to Best Card, which is endorsed by both the SDDA and the ADA. Simply sending Best Card a recent processing statement will allow them to provide a no-obligation analysis. Members who have switched to Best Card are saving an average of \$3,256 per year on their processing fees.



The SDDA routinely evaluates endorsed programs to ensure we are offering the best possible benefits for members. Best Card is currently endorsed by more than 30 state dental associations and receives rave reviews for their personalized customer service as well as savings. As part of the vetting process, the SDDA has used Best Card for our credit card processing since July 2015; we have been very pleased with the savings and the service!

Please see what Best Card might be able to save your practice. Fax or email a recent processing statement to them at 866-717-7247 or CompareRates@BestCardTeam.com to receive a detailed no-obligation savings analysis.

If you have any questions about switching to Best Card, please call 877-739-3952.

Register online TODAY for the 2021 SDDA Annual Session!

www.sddental.org

Flattening the Fourth Curve: Mental Health

The South Dakota Dental Association is pleased to be working with Mary Wolf, President of Veritee Partners to provide resources for the mental health of our members. Mary has coached executives and physicians through the pandemic and learned ways to help professionals transition during COVID. This article will highlight the challenges we all face and present some tips for maintaining emotional wellbeing. Join Mary at her session on May 14th to learn more about burnout, wellbeing strategies, and reinventing after chaos.

We became accustomed to a non-stop, frantic pace. How do we make sense of the whirlwind? How do we transition to a new pace? Experts say that pandemics have three surges and it's predicted mental health issues will be the fourth curve of the pandemic. We need to address our own mental health needs now in order to transition well and create a way forward, often with different values.

Guilt and loss are two hurdles that prevent us from moving forward. It is time to let go of the guilt of what we did or didn't do in the last year. We all navigated the best we could. No more "should have, could have, and would haves." The pandemic inflicted great loss. Our losses must be acknowledged and validated in order to heal. Be mindful of validating losses in conversations with family, friends, colleagues, and patients.

Seven key themes for emotional wellbeing as we transition:

- **Practice self-compassion.** Use self-kindness, not self-judgement.
- **Find "Battle Buddies".** Process the losses, frustrations, and celebrations with others. Let people help you.
- **Acknowledge moral injury.** We were often unable to give quality care consistent with our values.
- **Pace yourself.** While we are figuring out a new pace, patience is paramount.
- **Invest in yourself.** Adopt the thinking that "Self-Care is Patient Care."
- **Limit social media:** Stay in contact with friends/family. Let go of the frustrations and political angst that depletes us of our time and energy.
- **Take mini breaks.** Check out the apps Calm and Headspace (free now with your NPI #) to take 3–10-minute breaks.

Be proactive in asking for emotional support. Dentists often wait too long due to stigma, perfectionism, and extreme independence. Know the signs: feeling burned out, exhausted, cynical, irritable, pessimistic, apathetic, wired and tired, stuck, overwhelmed, guilty, or lonely. It's a strength to be aware of symptoms and to seek the right resources. When we are well, we lead well at work and home.

We will get through it together. We need each other. It's the power of connection that heals and helps us flourish.

*Written by Mary Wolf, MS, LPC-MH, president of Veritee Partners, LLC
www.veriteepartners.com mwolf@veriteepartners.com*

Classified Ads

Maher Dental Clinic in Pierre, SD is seeking a full time Dental Hygienist. Our family focused practice serves patients of all ages. The ideal candidate will have a calm, reassuring, friendly demeanor while multitasking in a small private practice environment. Our office mission statement is to treat patients and staff like family by sharing knowledge, talents, and using teamwork to promote the health and wellbeing of all. Salary will depend on experience. We are located in Pierre, SD. Pierre is known for its river recreation, great schools, and proximity to hunting and fishing opportunities.

Please send any questions and resumes to
Jamie@maherdentalclinic.com.

We are a dental team looking for a dental hygienist who is outgoing, ambitious, a team player and passionate about their work. Applicants should be interested in joining a completely computer-based, hi-tech dental office with intra-oral cameras and digital x-rays. We work with patients of all ages from infant to adult and perform the following types of dental procedures including: prophys, scaling and root planing, perio maintenance, fluoride application, sealants, alginate impressions, oral hygiene instructions, local anesthesia, and nitrous oxide administration. We offer a competitive salary plus benefits. If interested send a resume to: Missouri River Dentistry; 304 Island Drive; Fort Pierre, SD 57532; Phone (605) 223-2021; Fax (605) 223-9021; Email : info@missouririverdentistry.com

Dentistry in South Dakota
804 N Euclid; Ste 103
Pierre SD 57501

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CONTINUING EDUCATION CALENDAR

The listing of these programs is provided as a service to SDDA Newsletter subscribers, and does not mean that these programs have been endorsed or approved by the SD Dental Association or the SD State Board of Dentistry. All members are cautioned to evaluate the programs on their own merit.

SDDA ANNUAL SESSION

Contact: Brenda Goeden 605-224-9133
www.sddental.org
May 14-16, 2020 Sioux Falls, SD

UNIVERSITY OF SD PROJECT ECHO

Contact: www.usd.edu/echo
March 19, 2021: "Whole-body Wellness"
March 26, 2021: Adverse Childhood Events (ACES) and Trauma-related Resources"

WESTERN DAKOTA TECHNICAL INSTITUTE

Contact: 605-718-2410

Dental Radiology 2-Day Course

April 10-11, 2021; Rapid City
May 8-9, 2021; Rapid City
June 5-6, 2021; Rapid City

Third Friday of the Month, mornings

➤ American Heart Association CPR Class for Healthcare Professionals

Third Friday of the Month, afternoons

➤ American Heart Association Healthcare Provider CPR Recertification

LAKE AREA TECHNICAL INSTITUTE

Contact: Amy Meadors, 800-657-4344
Amy.Meadors@lakeareatech.edu
<https://www.lakeareatech.edu/corporate-education/corporate-education-registration/>

Home Study Radiology Courses available:

- Radiology Safety
- Radiography Production

UNIVERSITY OF SOUTH DAKOTA

Contact: Dept. of Dental Hygiene
605-677-5379

Nitrous Oxide/Oxygen Sedation Course

Offered two to three times per year

Home Study Radiology Courses available:

- Digital Radiography, Advantages & Disadvantages
- Exposure Errors of Periapicals & Bitewings
- Processing Errors
- Occlusal Exposures for Children
- Oral Effects of Head & Neck Radiation Therapy
- Panoramic Radiography
- Radiation Safety
- Vertical Bitewings
- Fluoride Varnish, Indication & Application

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