



Dentistry IN SOUTH DAKOTA

Allied Staff News

2023 Annual Session Clinician Preview: Dr. Timothy G. Donley, DDS, MSD

Dr. Timothy G. Donley, DDS, MSD is currently in the private practice of Periodontics and Implantology in Bowling Green, KY.

Dr. Donley is a sought-after international speaker whose courses are always highly rated. His forte lies in taking the latest research and packaging it in a way that makes sense. Dentistry Today recently listed him among its Leaders in Continuing Education. Dr. Donley co-authored the first-ever comprehensive textbook on ultrasonic debridement. He lectures and publishes frequently on topics of interest to clinical dentists and hygienists.

“Periodontal Debridement: How to get predictable results and work smarter”

Friday, May 19, 8am-Noon | CE Hours: 4 Clinical

The old ways do not work. We are in the age of serious dental medicine. Cleaning up patients the best you can using what you “deeply believe in” no longer cuts it! Consistently adequate debridement is really important for certain patients. We now know which approach maximizes the chance that your debridement will work. You will learn that approach and how to incorporate it into your existing routines. Which patients, which sites, what to use, how to use it properly, how to tell if it worked and what to do next if it did not: all of this will be covered in a way that will make it as easy as possible for you to work smarter the next day back in the office.

“Choreographing the Perfect Maintenance Visit”

Friday, May 19, 1pm-4pm | CE Hours: 4 Clinical

Almost all of dentistry is bought and sold during the hygiene visit. Yet too many of us get caught up in the typical outdated recall mindset. There are now important reasons to help patients do more than just keep their teeth. The new goal of dentistry gives doctor and hygienist new opportunities to identify dental needs in patients and then motivate them to follow through. Doctor and hygienist will leave this course with a step-by-step exam protocol which makes it as easy as possible for both to reach their practice goals. You will learn the new goal of dental care and learn how to communicate it effectively to every patient. You will learn a routine that allows you to identify all patient needs and to motivate those patients to follow through. You will leave with a clear understanding of what to look for, what to say, what to ask and what to do to make the recall visit more productive for everyone. This is a great chance to get everyone in the office on the same page.



Christmas at the Capitol

It's that time of year! Christmas at the Capitol in Pierre, SD is in full swing with a, "Merry Prairie Christmas" bursting at the seams! Come and visit our SDDA tree and see if you can find Hermey the elf! Christmas at the Capitol is open Nov 23-Dec 26 from 8am-10pm daily. This includes Christmas Eve AND Christmas Day. If you have not had the opportunity to take in these trees, it's a must!



Wellbeing

By Mary Wolf

This Mental Health Continuum Model, created by the Mental Health Commission of Canada, has been the most popular topic in my presentations and counseling/coaching. As I work with dental clinics, dentists, office managers, and team members, I hear many concerns about mental health in themselves and in their coworkers. The pandemic complicated our lives. We are reinventing after chaos.



In partnering with the SD Dental Association, we are building a culture that encourages people to reach out for assistance at the yellow symptoms instead of waiting for orange or red. Sometimes, we think that working harder will make it better, when in reality that often makes it worse. It reminds me of a quote by David Allen “We can do anything, but not everything.” Sometimes we need to put down the cape, and invest time in ourselves and our priorities.

I am honored to be working with the SDDA and offering three free and confidential counseling and coaching sessions for ALL dentists, clinic managers, and team members across the state. Topics for counseling/coaching have included burn-out, relationships, parenting, anxiety, decision making, work stress, and transitions. So far, I have worked with 21 dentists, clinic managers, and team members to find clarity, build a strategy, and enhance agility skills so that success AND wellbeing are common practice.

Please reach out if I can support you in the important work you do.

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HEALTHY	REACTING	INJURED	ILL
<p>Normal Functioning</p> <ul style="list-style-type: none"> • Normal mood fluctuations • Calm/confident • Good sense of humor • Takes things in stride • Can concentrate/focus • Consistent performance • Normal sleep patterns • Energetic, physically well, stable weight • Physically and socially active • Performing well • Limited alcohol consumption, no binge drinking • Limited/no addictive behaviors • No trouble/impact due to substance use 	<p>Common & Reversible Distress</p> <ul style="list-style-type: none"> • Nervousness, irritability • Sadness, overwhelmed • Displaced sarcasm • Distracted, loss of focus • Intrusive thoughts • Trouble sleeping, low energy • Changes in eating patterns, some weight gain/loss • Decreased social activity • Procrastination • Regular to frequent alcohol consumption, limited binge drinking • Some/regular addictive behaviors • Limited to some trouble/impact due to substance use 	<p>Significant Functional Impairment</p> <ul style="list-style-type: none"> • Anxiety, anger, pervasive sadness, hopelessness • Negative attitude • Recurrent intrusive thoughts/images • Difficulty concentrating • Restless, disturbed sleep • Increased fatigue, aches and pain • Fluctuations in weight • Avoidance, tardiness, decreased performance • Frequent alcohol consumption, binge drinking • Struggle to control addictive behaviors • Increase trouble/impact due to substance use 	<p>Clinical Disorder. Severe & Persistent Functional Impairment.</p> <ul style="list-style-type: none"> • Excessive anxiety, panic attacks, easily enraged, aggressive • Depressed mood, numb • Non compliant • Cannot concentrate, loss of cognitive ability • Suicidal thoughts/intent • Cannot fall asleep/stay asleep • Constant fatigue, illness • Extreme weight fluctuations • Withdrawal, absenteeism • Can't perform duties • Regular to frequent binge drinking • Addiction • Significant trouble/impact due to substance use

ACTIONS TO TAKE AT EACH PHASE OF THE CONTINUUM

<ul style="list-style-type: none"> • Focus on task at hand • Break problems into manageable tasks • Controlled, deep breathing • Nurture a support system 	<ul style="list-style-type: none"> • Recognize limits, take breaks • Get enough rest, food, exercise • Reduce barriers to help-seeking • Identify and resolve problems early • Example of personal accountability 	<ul style="list-style-type: none"> • Talk to someone, ask for help • Tune into own signs of distress • Make self-care a priority • Get help sooner, not later • Maintain social contact, don't withdraw 	<ul style="list-style-type: none"> • Follow care recommendations • Seek consultation as needed • Respect confidentiality • Know resources and how to access them
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Check your Mailbox... 2023 Allied Dues Statements have been sent!

Renew your 2023 Allied Dues by March 1, 2023 to receive FREE Annual Session Registration!





Sioux Empire Smiles

On Saturday, October 8th, 98 underserved children from the Sioux Falls area were able to receive free dental work thanks to *Sioux Empire Smiles*. The event is now in its eight year and was organized by the Southeastern District Dental Society.

Member dentists, allied staff, Spanish interpreters, hygiene and assisting students and pre-dent students all donated their valuable time and services to provide dental screenings, restorative treatments, cleanings, and education. In addition to the children treated during the event, several others were referred on for further care. Thank you to those dentists who agreed to treat these additional children! Several children will need general anesthesia. Avera has generously donated operating room time and anesthesia for these cases.

The Delta Dental Foundation again provided several staff support for the event. Promoting the event as well coordinating patients and securing post-event care was led by Jean Gross. Jean has been the link to the children, schools, hospitals, translators and other organizations throughout all eight years of the program.

For most events of this nature the single largest expense is renting the space. In the case of Sioux Empire Smiles, Children's Dental Center once again donated the use of their clinic. Other significant expenses including dental supplies, tent rental and food were funded through and endowment within SD Dental Foundation. The liability insurance was again covered by Professional Insurors. Delta Dental Foundation continued to provide staff support for the event.

The clinic was a rewarding experience for the organizers, volunteers and funders who came together with a common goal of providing dental care to underserved children who are unable to obtain care. The 2023 Sioux Empire Smiles event is tentatively set for Saturday, October 7. Please mark your calendars now and plan to participate!

LanguageLine Solutions

The news recently reported that students in the Sioux Falls school district speak 77 different languages. As SD continues to become more diverse, language can be a barrier to quality and efficient patient care. Section 1557 of the Affordable Care Act requires health care providers to provide access to individuals with no/limited English proficiency.

To help reduce communication barriers between South Dakota dental offices and their patients, Delta Dental of South Dakota subscribes to LanguageLine Solutions, a language interpretation service offering translators for over 240 different languages. This service is available to dentists/dental offices participating in the Delta Dental network and/or the SD Medicaid program.

LanguageLine is available 24 hours a day, 7 days a week. Should you and a patient have a language barrier, you can simply call LanguageLine Solutions, request the language needed, and an interpreter will assist you and your patient in your communication. The best part is that this service is offered to you at no cost. Charges are billed directly to Delta Dental of South Dakota. For more information about LanguageLine and how your office can benefit from this service, contact Delta Dental at: professionalrelations@deltadentalsd.com or 1-877-841-1478.

Classified Ads

Dakota Family Dentistry in Huron is seeking a full-time registered dental hygienist to join our team. The ideal candidate should be dedicated to providing excellent patient care with exceptional service. This is an outstanding opportunity to practice hygiene in a well-established clinic with a great team. Benefits include competitive pay, 401K with profit-sharing, paid sick leave, vacation, dues, and continuing education. Visit www.dakotafamilydentistry.org for an application or call 605-352-6999.

Dakota Family Dentistry in Huron is seeking a full-time dental assistant to join our team. The ideal candidate should enjoy a fast-paced work environment and the full scope of general dentistry. Benefits include competitive pay, 401K with profit-sharing, paid sick leave, vacation, dues, and continuing education. Visit www.dakotafamilydentistry.org for an application or call 605-352-6999.

Dental Hygienist: Are you a dental hygienist looking for a change? Delta Dental of South Dakota's Mobile Program has opportunities for dental hygienists. These opportunities include both—full time and/or part-time flexible schedules, including working specific weeks and/or months out of the year. The dental hygienists will work under collaborative supervision in southwest South Dakota, primarily on the Pine Ridge Indian Reservation. The dental hygienists will join a team providing preventive services and oral health education in schools, Head Starts, etc. Extensive travel is required. Excellent salary and benefits including health, dental, vision, life/long term disability insurance, paid holidays, vacation/sick leave, 401k, and more. For more information visit www.deltadentalsd.com. Submit a cover letter and resume to: summer.sporrer@deltadentalsd.com. Questions? Contact Summer Sporrer at 605-494-2569.

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Businesses Invited to Partner with Incoming Dental Assistant Students

Last year, Dental Assisting was approved to participate in the Build Dakota Scholarship program, a full-ride opportunity for students pursuing high-need careers in South Dakota. The scholarship covers 100% of tuition, fees, books, tools/equipment and other required program items.

Industry partners cover a portion of the scholarship in return for the scholar's commitment to work for the company for three years after graduation. Scholars also agree to maintain a 2.5 GPA and adhere to attendance and behavioral policies. Last year the Build Dakota Scholarship offered full-ride scholarships to 16 dental assisting students, 9 of those 16 had an industry partner.

Not only can Build Dakota Scholarships open the door to a pipeline of talented dental assistants into your practice, but participating in the program is also an affordable way to upskill your company's current workforce.

New, degree-seeking students of all ages can apply for the scholarship during the January 1 - March 31, 2023, application window. It is recommended that students be accepted by the technical college before applying for the scholarship.

Participating industry partners review applications and follow their typical hiring process to determine which student(s) may be a good fit for our practice. Scholars also sign contracts with the industry partner and Build Dakota which outline commitments by all parties, including repayment terms. To learn more about how we can help address your local workforce issues, visit: [Build Dakota Industry Partners | Build Dakota Scholarship \(builddakotascholarships.com\)](#)

Or contact:

Lake Area Technical College:

Dental Assisting Diploma or AAS - Melissa Walder 605.882.5284

Southeast Technical College:

Dental Assisting Diploma - Kelli Rogotzke - 605.367.5768

Western Dakota Technical College:

Dental Assisting Diploma - Andrew Kapelewski - 605.718.3061

Build Dakota Scholarship:

(General Questions): Deni Amundson - 605.347.1804



Dentistry in South Dakota

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