

Friday 5.16.25

Social/Meeting

7:00 AM – 8:00 AM

International College of Dentists (ICD) Breakfast

Meet with South Dakota ICD Fellows for breakfast and updates!

CE Course

8:00 AM – 10:00 AM | CE: 2 hrs. Radiology

"Radiology Update - 2025"

Speaker: Carissa Regnerus

Bio: Carissa began her career as an educator at USD Dental Hygiene in 2001. In addition to clinical practice and instruction, she has taught courses in Local Anesthesia, Dental Materials, Nutrition, Embryology/Histology, and Community Dentistry, and serves as the department's Interprofessional Education champion. She has assisted students with their clinical radiographs for many years and has been involved in several radiology CE and certification courses. Carissa serves on the Board of Directors for the American Dental Hygienists' Association.

Course Description: Following the presentation, participants will be equipped to ensure the safety of both themselves and their patients when using radiation. They will receive strategies to help patients who are hesitant about radiation understand its safety and the importance of dental imaging. Participants will also learn to identify common radiology errors and how to prevent or address them. Additionally, the course will cover the evolution of dental radiology and the impact of digital technology and AI on the field.

CE Course

8:00 AM – 11:00 AM | CE: 3 hrs. Academic or Clinical

Implant Retained Dentures (Hands-On Course) 50-person max.

Speaker: [Dr. Ankur Gupta](#)

Bio: Dr. Gupta graduated from the University of Michigan School of Dentistry in 2004. In 2005, after completing a one-year General Practice Residency in Cleveland, Ohio, he and his partner Dr. Nisha Gupta started North Ridgeville Family Dentistry. In addition to founding North Ridgeville Family Dentistry, Dr. Gupta is a member of the American Dental Association, Greater Cleveland Dental Society, Ohio Dental Association, ADA Success Speaker Corp, and an active board member and speaker for Catapult Education's Speaker Bureau. He happily shares the failures and successes with dental and community groups throughout the country, always ending his presentations with practical, implementable and step-by-step ways to be better.

Course Description: When faced with either partial or full edentulism, the options that are available to most patients are often limited to either conventional dentures, which are poorly retained, or implant-retained fixed prostheses, which are very expensive, complicated, and stressful for the providing dentist. Implant retained removable dentures are a wonderful "middle-ground" option. The problem is that they require knowledge and comfort with all the tiny parts and pieces needed for successful execution. In this entertaining and highly practical presentation, Dr. Gupta simplifies this process by providing a simple, step-by-step guide from the new patient consult all the way to final seating.

Objectives:

- Gain a general overview of all long-span replacement options, understanding the benefits and limitations of each
- Discover the long-term benefits that implant retained removable options uniquely create
- Attain clear understanding of the details, steps, and supplies needed from start to finish
- Understanding several internal and external marketing strategies to individuals in your community who are frustrated with their ill-fitting dentures

CE Course

8:00 AM – 12:00 PM | CE: 4 hrs. Academic or Clinical

Offensive Dentistry

Speaker: Dr. Bryan Nový

Bio: Dr. Nový is the Chief Dental Officer of the Alliance Dental Center, Massachusetts Public Employees Fund with faculty appointments at Harvard School of Dental Medicine and Western University. He served on the ADA Council of Scientific Affairs from 2011-2014, and as President of the CAMBRA coalition. In 2016 he was appointed as the Consumer Advocate for the United States Food and Drug Administration Dental Products Panel.

Course Description: Let's face it, sitting through a lecture about dental caries or caries risk assessment isn't appealing (in fact it sounds downright boring). However, the science of clinical cariology is beginning to have an impact on restorative techniques and technology. Streptococcus mutans have more to fear than a rheostat, now that we're armed with salivary diagnostics and bioactive materials.

CE Course

8:00 AM – 10:00 AM | CE: 2 hrs. Practice Management (Office Admin. Track)

Rock Your Talk

Speaker: [Tracy Palecek](#)

Bio: Tracy is a Licensed Professional Counselor and Human Services professional who has a passion for helping those who are facing adversity. Tracy has over 20 yrs of experience working with trauma, poverty, and resiliency in those she has served. She has served as an advocate, program developer, disaster relief responder, community trainer, mental health therapist and mentor. She loves to work within systems to create change and help people find meaning and purpose in their lives. She is the CEO and owner of Palecek Therapy & Consulting and is blessed to spend her time between her therapy practice, public speaking, and consulting in areas of mental wellness, poverty reduction, and interpersonal skill building.

Course Description: Words are important! You will master the art of Difficult Conversations through a variety of methods including script writing, individual and group meeting structure, and regulating you own emotions before speaking. Develop a tactical plan for dealing with the "jerks at work" in a professional and effective way. You will meet several challenging personality types and learn unique ways to handle their behaviors in the workplace. By focusing on what is in your power to change, you can discover opportunities to protect your peace and reclaim positivity at work. As a bonus, get access to digital resources from the Crucial Conversations method, and other tools that are perfect for taking back to your team.

CE Course

9:00 AM – 12:00 PM | CE: 3 hrs. Academic or Clinical

Anesthesia Emergency Management for the Dental Team

Speaker: [Rick Ritt](#)

Bio: Rick is the president and consultant for Dental Simulation Specialists. Rick has a vast foundation of acute critical care experience as a paramedic for over 25 years. He served thirteen years as a Paramedic Officer with the Chicago Fire Department. For 20 years he directed the second largest American Heart Association Clinical Training Center in the country. Rick developed a great understanding of equipment by establishing a parts and service distributorship with Laerdal. In 2014, he established Dental Simulation Specialists Inc. to serve the growing need to increase awareness, patient safety, and outcomes in the dental office.

Course Description: This unique and challenging program provides a didactic and hands-on clinical simulation experience that addresses the proper assessment and management of patient complications associated with minimal to moderate sedation. This course will explore simulations for the dental team as a method to improve patient safety and outcomes. Case studies will be presented where you will be engaged interactively to determine critical decisions and therapies for those patients. A look at In-Situ Simulation, its importance, frequency and effects will be reviewed. Participants will be given the opportunity to participate and demonstrate the appropriate patient management with a variety of hands-on simulations with Sim Man.

CE Course

10:15 AM – 11:45 AM | CE: 1.5 hrs. Practice Management (Office Admin. Track)

Hidden in Plain Sight: "Human Trafficking"

Speaker: [Call to Freedom](#) (Sarah Van Voorst & Mary Jackson)

Bios: **Mary Jackson** currently serves as the Survivor Service and Program Coordinator at Call to Freedom. Mary is a speaker, educator, and advocator for those victimized by human trafficking, domestic violence, and sexual exploitation. She shares her own personal journey as a survivor of cartel trafficking. Her main goal is to educate, lending insight into what human trafficking looks like and sharing the vulnerability and criminality behind the crime. Mary has turned her suffering and pain into victory over this horrific crime by sharing her own struggles.

Sarah Van Voorst is an enthusiastic advocate for communities facing barriers. Prior to her role as Community Outreach Coordinator with Call to Freedom, Sarah worked as a police officer with the Sioux Falls Police Department and was promoted to the department's first Mental Health Community Resource Officer position, developing the department's law enforcement response to those struggling with severe mental illness. She has a profound impact on the lives of survivors through her skills in communication and empathy. By building strong community relationships, she not only supports individuals but also fosters a network of understanding and resilience. Sarah loves to spend her free time with her husband cheering on the Nebraska Cornhuskers, Green Bay Packers, cooking, traveling to new places, laughing, and managing the chaos that comes with having 4 daughters, 4 dogs, 9 farm cats, and 2 guinea pigs.

Course Description: Call to Freedom staff is dedicated to bringing awareness of human trafficking to our community. Our staff would love to speak to your group to help educate and train professionals to recognize the key indicators of human trafficking. Our goal is to provide presentations that educate and inform with a particular focus on expanding identification of trafficking situations and encouraging necessary responses.

Objectives:

- Define human trafficking
- Dynamics of exploitation and victimization
- Indicators of human trafficking
- Trauma-informed responses within agencies
- Protocol implementation
- Hear from lived expert

CE Course & Lunch

12:00 PM – 1:30 PM | CE: 1.5 hrs. Practice Management (Office Admin. Track)

Be-Well Lunch-Better Boundaries for Better Bandwidth: "Maximizing Efficiency & Wellbeing"

Speaker: [Mary Wolf](#)

Bio: Mary Wolf is the president of Veritee Partners LLC, a coaching and consulting business designed to promote wellbeing and success for dentists, physicians, executives, and the companies they serve. Veritee Partners offers assessments and consultation to build wellbeing programs and cultures. Mary works with the South Dakota Dental Association to create and develop the Be Well Program. Over the last four years, she has promoted mental health and wellbeing resources, provided counseling and coaching, and built a state-wide culture of wellbeing. Mary was the Program Director for the Avera Medical Group LIGHT Program, an award-winning wellbeing program for physicians and advanced practice providers. Before creating LIGHT, Mary was the director of multiple behavioral health programs at Avera including employee assistance program-EAP, addiction recovery, outpatient mental health, and day hospital. Mary earned a Master's Degree in Counseling and Human Resource Development and is a Licensed Professional Counselor-Mental Health. Mary is a Board Certified Coach and holds certifications in executive, life, and spirituality coaching.

Course Description: "You teach people how to treat you by what you allow, what you stop and what you reinforce." - Tony Gaskins

In a fast-paced and patient-focused environment, maintaining clear boundaries is essential for ensuring professionalism, reducing stress, and improving teamwork. Without proper boundaries, miscommunication, burnout, and workplace conflicts can arise, affecting individual and team wellbeing. Setting clear boundaries is essential not just for personal wellbeing but also for maximizing productivity. This workshop will provide participants with the tools to establish effective boundaries, protect their mental health, and enhance their overall bandwidth for both personal and professional success.

Objectives:

1. Understand the importance of setting healthy boundaries
2. Learn how to communicate boundaries effectively to others
3. Attain resources for continued growth and development

CE Course

1:00 PM – 4:30 PM | CE: 3.5 hrs. Academic or Clinical

Advances In Dental Pharmacotherapy: "How to Maximize Success While Limiting Risk in Everyday Practice"

Speaker: [Professor Karen Baker](#)

Bio: Professor Karen Baker has been on the Dental College faculty at the University of Iowa for over 40 years and occupies a unique role in dental practice and education. She is a clinical pharmacist with a Master's degree in clinical pharmacology and therapeutics, and is focused on patient-specific dental drug therapy. She has given well over 1000 invited programs nationally and internationally and holds memberships in many dental and clinical pharmacology and therapeutics organizations. Her dental education-based pharmacy and drug therapy consultation center is the only one in the United States. She has authored many articles, abstracts, and lectures extensively in pre-doctoral and graduate courses at the University of Iowa.

Course Description: Antibiotic stewardship has taken on new importance with the emergence of superbugs and the decline in effective and available oral antibiotics. Karen will update the dental team on recent developments in dental antibiotic prescribing and outline strategies for prescribing to ensure therapeutic success with minimum risk. Karen will discuss difficult questions about antibiotic prophylaxis and all relevant guidelines and decision tools will be included. Opioid prescribing remains controversial, especially in young, opioid naïve patients. We will explore alternatives and strategies that benefit patients and reflect positively on your practice. Extensive and current handouts will maximize the chairside value of this fast-paced and entertaining lecture.

Objectives:

1. Select regimens for odontogenic infections based on allergies, intolerance, effectiveness, Black Box Warnings and guidelines.
2. Prescribe antibiotic premedication for certain patients with a variety of implants including cardiac and orthopedic devices.
3. Discuss the pros and cons of prophylactic antibiotics for implant placement, tooth extractions, and other surgical procedures.
4. Discuss the extent of the opioid substance use disorder problem in the U.S.
5. Examine the role of dental opioid prescribing in contributing to the opioid epidemic.
6. Explain the relative effectiveness of non-opioid and opioid agents in acute pain.
7. Discuss benefits vs. risks of specific pain control regimens for effective dental analgesia.
8. List the top five drug interactions every dental clinician should know about.

CE Course

1:00 PM – 4:00 PM | CE: 3 hrs. CPR

CPR

Speaker: [Rick Ritt](#)

Bio: Rick is the president and consultant for Dental Simulation Specialists. Rick has a vast foundation of acute critical care experience as a paramedic for over 25 years. He served thirteen years as a Paramedic Officer with the Chicago Fire Department. For 20 years he directed the second largest American Heart Association Clinical Training Center in the country. Rick developed a great understanding of equipment by establishing a parts and service distributorship with Laerdal. In 2014, he established Dental Simulation Specialists Inc. to serve the growing need to increase awareness, patient safety, and outcomes in the dental office.

Course Description: This course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

CE Course

1:00 PM – 4:00 PM | CE: 3 hrs. Academic or Clinical

Nobody Caries

Speaker: Dr. Bryan Nový

Bio: Dr. Nový is the Chief Dental Officer of the Alliance Dental Center, Massachusetts Public Employees Fund with faculty appointments at Harvard School of Dental Medicine and Western University. He served on the ADA Council of Scientific Affairs from 2011-2014, and as President of the CAMBRA coalition. In 2016 he was appointed as the Consumer Advocate for the United States Food and Drug Administration Dental Products Panel.

Course Description: Sometimes it seems as though our patients don't grasp the basic concept of home care. Other times our patients with impeccable hygiene develop rampant decay and we feel helpless because we can't figure out what's going on. The mouth is a remarkable environment that cariologists are finally beginning to understand, and so can you. Come learn everything you didn't know about plaque and the amazing organisms that make the mouth a wonderful place to work.

CE Course

1:45 PM – 3:45 PM | CE: 2 hrs. Practice Management (Office Admin. Track)

External Threats to Your Dental Office

Speaker: David Harris

Bio: David Harris is a Dental speaker, author, and CEO of Prosperident. With 34 years of experience investigating dental embezzlement David is a master storyteller who harnesses his personal experiences (with a spicy dash of humor) in a way that both entertains and inspires his audience to take action! David's mission to eradicate embezzlement in dental practices began inauspiciously. After some youthful misadventures that almost landed him in jail, David's investigative abilities first shone through in military and financial environments. David's career as dentistry's premier crimefighter started when a dentist friend asked for David's help with a suspected embezzlement. David quickly discovered his passions; catching embezzlers, bringing them to justice, and helping dentists protect themselves from theft in their practices. In solving that first case, and thousands more that followed, David cemented his reputation as the leading authority in his field and one of the most respected voices in dentistry.

Course Description: Embezzlement isn't the only way your practice can be robbed; this session focuses on how not to be a target for external threats like scam, burglary, and identity/information theft. David will describe simple enhancements to help physically secure your practice, identify typical scams, improve the cybersecurity of your practice, and take actions that will help safeguard information and patient data. David's knack for making technical subjects like cybersecurity understandable to a non-technical audience makes this presentation highly sought after.

CE Course

2:00 PM – 3:00 PM | CE: 1 hr. Practice Management

Attract, Engage, Retain: "Data-Driven Solutions for Your Dental Team"

Speaker: [Garrett Wilson](#) with Pay Insights

Bio: Garrett Wilson is the CEO and Founder of Pay Insights, a company dedicated to simplifying compensation information to build trust and transparency between employees and employers. He uses over 17 years of human resources experience to provide better data and educational resources to promote happier and healthier workplace relationships. Garrett obtained his Master's degree through the University of South Dakota in Human Resources and Bachelor's degree in Business Management from Minnesota State University – Mankato. He also holds multiple senior level HR certificates. When not working, you can catch Garrett creating fun travel adventures with his wife, spending time with family, or whipping up something delicious in the kitchen.

Course Description: The dental industry is facing ongoing workforce challenges, from staff shortages to retention struggles. This session will explore how updated employment practices - particularly in compensation and benefits - can help practices attract, engage, and retain top talent.

Using the latest salary survey results from dental hygienists and assistants in South Dakota, we'll provide data-driven insights into current pay trends, benefits, and workplace expectations. Participants will gain practical strategies to remain competitive in today's labor market and foster a more engaged dental team.